

Full instructions for Red Swirl Peyote Cuff by Lyndsay Abreu (from page 64 of *Beads etc... #22*)

Beading instructions

Photocopy the pattern and cross each row out as you complete it to keep easier track of your advancement. Lay out your colours on a piece of fabric in number order.

Legend

- The (L) and (R) refer to which side of the chart you are on.
- The number in the bracket represents the number of beads of that colour to be added.

Row 1 and 2(L): (20) Col 1

Row 3 (R): (10) Col 1

Row 4 (L): (10)Col 1

Row 5 (R): (10)Col 1

Row 6 (L): (10)Col 1

Row 7 (R): (10)Col 1

Row 8 (L): (10)Col 1

Row 9 (R): (10)Col 1

Row 10 (L): (10)Col 1

Row 11 (R): (2)Col 1, (6)Col 2, (2)Col 1

Row 12 (L): (1)Col 1, (8)Col 2, (1)Col 1

Row 13 (R): (1)Col 1, (2) Col 2, (5) Col 3, (2) Col 2

Row 14 (L): (2) Col 2, (6) Col 3, (2) Col 2

Row 15 (R): (1) Col 2, (8) Col 3, (1) Col 2

Row 16 (L): (1) Col 2, (4) Col 3, (1) Col 4, (4) Col 3

Row 17 (R): (1) Col 2, (2) Col 3, (4) Col 4, (3) Col 3

Row 18 (L): (3) Col 3, (5) Col 4, (2) Col 3

Row 19 (R): (2) Col 3, (6) Col 4, (2) Col 3

Row 20 (L): (2) Col 3, (3) Col 4, (3) Col 1, (1) Col 4, (1) Col 3

Row 21 (R): (1) Col 3, (1) Col 4, (4) Col 1, (3) Col 4, (1) Col 3

Row 22 (L): (1) Col 3, (2) Col 4, (6) Col 1, (1) Col 3

Row 23 (R): (2) Col 4, (7) Col 1, (1) Col 4

Row 24 (L): (1) Col 4, (3) Col 1, (3) Col 2, (2) Col 1, (1) Col 4

Row 25 (R): (1) Col 4, (2) Col 1, (5) Col 2, (2) Col 1

Row 26 (L): (1) Col 4, (1) Col 1, (3) Col 2, (1) Col 3, (2) Col 2, (2) Col 1

Row 27 (R): (1) Col 4, (1) Col 1, (1)2, (4)3, (1)2, (2)1

Row 28 (L): (1) Col 1, (2) Col 2, (4) Col 3, (2) Col 2, (1) Col 1

Row 29 (R): (1) Col 4, (1) Col 1, (1) Col 2, (1) Col 3, (2) Col 4, (2) Col 3, (2) Col 2

Row 30 (L): (2) Col 2, (2) Col 3, (3) Col 4, (1) Col 3, (1) Col 2, (1) Col 1

Row 31 (R): (1) Col 4, (1) Col 1, (1) Col 2, (1) Col 3, (1) Col 4, (1) Col 1, (1) Col 4, (2) Col 3, (1) Col 2

Row 32 (L): (1) Col 2, (1) Col 3, (2) Col 4, (2) Col 1, (2) Col 3, (1) Col 2, (1) Col 1

Row 33 (R): (1) Col 4, (1) Col 1, (1) Col 2, (1) Col 3, (3) Col 1, (1) Col 4, (2) Col 3

Row 34 (L): (1) Col 2, (1) Col 3, (1) Col 4, (2) Col 1, (1) Col 2, (1) Col 3, (2) Col 2, (1) Col 1

Row 35 (R): (1) Col 4, (1) Col 1, (2) Col 2, (1) Col 3, (1) Col 2, (1) Col 1, (2) Col 4, (1) Col 3

Row 36 (L): (1) Col 3, (2) Col 4, (2) Col 1, (1) Col 3, (2) Col 2, (2) Col 1

Row 37 (R): (1) Col 4, (1) Col 1, (4) Col 2, (2) Col 1, (2) Col 4

Row 38 (L): (1) Col 3, (1) Col 4, (3) Col 1, (3) Col 2, (2) Col 1

Row 39 (R): (1) Col 4, (2) Col 1, (3) Col 2, (3) Col 1, (1) Col 4

Row 40 (L): (2) Col 4, (3) Col 1, (2) Col 2, (3) Col 1

Row 41 (R): (1) Col 4, (8) Col 1, (1) Col 4

Row 42 (L): (2) Col 4, (8) Col 1

Row 43 (R): (1) Col 4, (8) Col 1, (1) Col 4

Row 44 (L): (2) Col 4, (8) Col 1

Row 45 (R): (1) Col 4, (8) Col 1, (1) Col 4

Row 46 (L): (2) Col 4, (8) Col 1

Row 47 (R): (1) Col 4, (7) Col 1, (2) Col 4

Row 48 (L): (1) Col 3, (1) Col 4, (8) Col 1

Row 49 (R): (1) Col 4, (7) Col 1, (1) Col 4, (1) Col 3

Row 50 (L): (2) Col 3, (1) Col 4, (6) Col 1, (1) Col 4

Row 51 (R): (2) Col 4, (5) Col 1, (1) Col 4, (2) Col 3

Row 52 (L): (1) Col 2, (2) Col 3, (7) Col 4

Row 53 (R): (1) Col 3, (6) Col 4, (2) Col 3, (1) Col 2

Row 54 (L): (2) Col 2, (2) Col 3, (5) Col 4, (1) Col 3

Row 55 (R): (3) Col 3, (1) Col 4, (4) Col 3, (2) Col 2

Row 56 (L): (1) Col 1, (2) Col 2, (7) Col 3

Row 57 (R): (1) Col 2, (5) Col 3, (3) Col 2, (1) Col 1

Row 58 (L): (2) Col 1, (3) Col 2, (4) Col 3, (1) Col 2

Row 59 (R): (2) Col 2, (1) Col 3, (5) Col 2, (2) Col 1

Row 60 (L): (3) Col 1, (7) Col 2

Row 61 (R): (1) Col 1, (6) Col 2, (3) Col 1

Row 62 (L): (5) Col 1, (4) Col 2, (1) Col 1

Row 63 (R): (10) Col 1

Row 64 (L): (10) Col 1

Row 65 (R): (10) Col 1

Row 66 (L): (10) Col 1

Row 67 (R): (5) Col 1, (1) Col 4, (4) Col 1

Row 68 (L): (4) Col 1, (4) Col 4, (2) Col 1

Row 69 (R): (2) Col 1, (7) Col 4, (1) Col 1
Row 70 (L): (1) Col 1, (9) Col 4
Row 71 (R): (10) Col 4
Row 72 (L): (10) Col 4
Row 73 (R): (1) Col 4, (7) Col 3, (2) Col 4
Row 74 (L): (10) Col 3
Row 75 (R): (2) Col 3, (8) Col 2
Row 76 (L): (9) Col 2, (1) Col 3
Row 77 (R): (1) Col 3, (2) Col 2, (5) Col 1, (2) Col 2
Row 78 (L): (1) Col 2, (7) Col 1, (2) Col 2
Row 79 (R): (2) Col 2, (8) Col 1
Row 80 (L): (1) Col 2, (8) Col 1, (1) Col 2
Row 81 (R): (1) Col 2, (9) Col 1
Row 82 (L): (10) Col 1
Row 83 (R): (10) Col 1
Row 84 (L): (10) Col 1
Row 85 (R): (10) Col 1
Row 86 (L): (10) Col 1
Row 87 (R): (10) Col 1
Row 88 (L): (10) Col 1
Row 89 (R): (10) Col 1
Row 90 (L): (10) Col 1
Row 91 (R): (10) Col 1
Row 92 (L): (10) Col 1
Row 93 (R): (10) Col 1

Row 94 (L): (10) Col 1

Row 95 (R): (3) Col 1, (2) Col 4, (5) Col 1

Row 96 (L): (4) Col 1, (4) Col 4, (2) Col 1

Row 97 (R): (1) Col 1, (7) Col 4, (2) Col 1

Row 98 (L): (2) Col 1, (8) Col 4

Row 99 (R): (9) Col 4, (1) Col 1

Row 100 (L): (1) Col 1, (4) Col 4, (2) Col 3, (3) Col 4

Row 101 (R): (2) Col 4, (4) Col 3, (3) Col 4, (1) Col 1

Row 102 (L): (1) Col 1, (3) Col 4, (5) Col 3, (1) Col 4

Row 103 (R): (1) Col 4, (2) Col 3, (3) Col 2, (1) Col 3, (2) Col 4, (1) Col 1

Row 104 (L): (1) Col 1, (2) Col 4, (1) Col 3, (4) Col 2, (2) Col 3

Row 105 (R): (2) Col 3, (5) Col 2, (1) Col 3, (1) Col 4, (1) Col 1

Row 106 (L): (1) Col 1, (2) Col 4, (1) Col 3, (1) Col 2, (2) Col 1, (2) Col 2, (1) Col 3

Row 107 (R): (1) Col 3, (2) Col 2, (3) Col 1, (1) Col 2, (1) Col 3, (1) Col 4, (1) Col 1

Row 108 (L): (1) Col 1, (1) Col 4, (1) Col 3, (1) Col 2, (4) Col 1, (2) Col 2

Row 109 (R): (2) Col 2, (2) Col 1, (1) Col 4, (1) Col 1, (1) Col 2, (1) Col 3, (1) Col 4, (1) Col 1

Row 110 (L): (1) Col 1, (1) Col 4, (1) Col 3, (1) Col 2, (2) Col 1, (1) Col 4, (1) Col 1, (2) Col 2

Row 111 (R): (2) Col 2, (1) Col 1, (2) Col 4, (2) Col 2, (1) Col 3, (1) Col 4, (1) Col 1

Row 112 (L): (1) Col 1, (2) Col 4, (1) Col 3, (1) Col 2, (1) Col 3, (1) Col 4, (2) Col 1, (1) Col 2

Row 113 (R): (2) Col 2, (1) Col 1, (2) Col 4, (2) Col 3, (2) Col 4, (1) Col 1

Row 114 (L): (1) Col 1, (4) Col 4, (1) Col 3, (1) Col 4, (2) Col 1, (1) Col 2

Row 115 (R): (2) Col 2, (2) Col 1, (5) Col 4, (1) Col 1

Row 116 (L): (2) Col 1, (4) Col 4, (2) Col 1, (2) Col 2

Row 117 (R): (3) Col 2, (2) Col 1, (3) Col 4, (2) Col 1

Row 118 (L): (3) Col 1, (1) Col 4, (4) Col 1, (2) Col 2

Row 119 (R): (1) Col 3, (2) Col 2, (7) Col 1

Row 120 (L): (7) Col 1, (2) Col 2, (1) Col 3

Row 121 (R): (2) Col 3, (2) Col 2, (6) Col 1

Row 122 (L): (6) Col 1, (2) Col 2, (2) Col 3

Row 123 (R): (1) Col 4, (2) Col 3, (2) Col 2, (5) Col 1

Row 124 (L): (4) Col 1, (3) Col 2, (2) Col 3, (1) Col 4

Row 125 (R): (2) Col 4, (3) Col 3, (2) Col 2, (3) Col 1

Row 126 (L): (3) Col 1, (3) Col 2, (2) Col 3, (2) Col 4

Row 127 (R): (1) Col 1, (3) Col 4, (2) Col 3, (4) Col 2

Row 128 (L): (5) Col 2, (1) Col 3, (3) Col 4, (1) Col 1

Row 129 (R): (2) Col 1, (3) Col 4, (2) Col 3, (3) Col 2

Row 130 (L): (3) Col 2, (2) Col 3, (3) Col 4, (2) Col 1

Row 131 (R): (3) Col 1, (3) Col 4, (4) Col 3

Row 132 (L): (4) Col 3, (3) Col 4, (3) Col 1

Row 133 (R): (3) Col 1, (4) Col 4, (3) Col 3

Row 134 (L): (7) Col 4, (3) Col 1

Row 135 (R): (4) Col 1, (1) Col 4, (1) Col 1, (4) Col 4

Row 136 (L): (5) Col 4, (4) Col 1, (1) Col 2

Row 137 (R): (1) Col 2, (6) Col 1, (2) Col 4, (1) Col 1

Row 138 (L): (9) Col 1, (1) Col 2

Row 139 (R): (2) Col 2, (8) Col 1

Row 140 (L): (8) Col 1, (2) Col 2

Row 141 (R): (2) Col 2, (8) Col 1

Row 142 (L): (8) Col 1, (2) Col 2

Row 143 (R): (1) Col 3, (2) Col 2, (7) Col 1

Row 144 (L): (7) Col 1, (2) Col 2, (1) Col 3

Row 145 (R): (1) Col 3, (2) Col 2, (7) Col 1

Row 146 (L): (7) Col 1, (2) Col 2, (1) Col 3

Row 147 (R): (1) Col 1, (1) Col 3, (2) Col 2, (6) Col 1

Row 148 (L): (1) Col 2, (5) Col 1, (2) Col 2, (2) Col 3

Row 149 (R): (1) Col 1, (2) Col 3, (2) Col 2, (4) Col 1, (1) Col 2

Row 150 (L): (2) Col 2, (3) Col 1, (2) Col 2, (2) Col 3, (1) Col 1

Row 151 (R): (1) Col 1, (3) Col 3, (6) Col 2

Row 152 (L): (1) Col 3, (5) Col 2, (3) Col 3, (1) Col 1

Row 153 (R): (2) Col 1, (3) Col 3, (3) Col 2, (2) Col 3

Row 154 (L): (4) Col 3, (1) Col 2, (3) Col 3, (2) Col 1

Row 155 (R): (3) Col 1, (7) Col 3

Row 156 (L): (1) Col 1, (6) Col 3, (3) Col 1

Row 157 (R): (10) Col 1

Row 158 (L): (10) Col 1

Row 159 (R): (10) Col 1

Row 160 (L): (10) Col 1

Row 161 (R): (10) Col 1

Row 162 (L): (3) Col 1, (4) Col 2, (3) Col 1

Row 163 (R): (2) Col 1, (6) Col 2, (2) Col 1

Row 164 (L): (2) Col 1, (6) Col 2, (2) Col 1

Row 165 (R): (1) Col 1, (2) Col 2, (4) Col 3, (2) Col 2, (1) Col 1

Row 166 (L): (1) Col 1, (2) Col 2, (5) Col 3, (1) Col 2, (1) Col 1

Row 167 (R): (1) Col 1, (1) Col 2, (2) Col 3, (2) Col 4, (2) Col 3, (2) Col 2

Row 168 (L): (1) Col 1, (1) Col 2, (2) Col 3, (3) Col 4, (2) Col 3, (1) Col 2

Row 169 (R): (1) Col 1, (1) Col 2, (1) Col 3, (4) Col 4, (2) Col 3, (1) Col 2

Row 170 (L): (1) Col 2, (2) Col 3, (5) Col 4, (1) Col 3, (1) Col 2

Row 171 (R): (1) Col 2, (1) Col 3, (1) Col 4, (3) Col 1, (2) Col 4, (1) Col 3, (1) Col 2

Row 172 (L): (1) Col 2, (1) Col 3, (2) Col 4, (4) Col 1, (1) Col 4, (1) Col 2

Row 173 (R): (1) Col 2, (1) Col 3, (5) Col 1, (1) Col 4, (2) Col 3

Row 174 (L): (1) Col 2, (1) Col 3, (1) Col 4, (6) Col 1, (1) Col 3

Row 175 (R): (1) Col 3, (1) Col 1, (2) Col 2, (3) Col 1, (2) Col 4, (1) Col 3

Row 176 (L): (2) Col 3, (1) Col 4, (3) Col 1, (2) Col 2, (1) Col 1, (1) Col 3

Row 177 (R): (1) Col 3, (1) Col 1, (3) Col 2, (3) Col 1, (1) Col 4, (1) Col 3

Row 178 (L): (1) Col 3, (2) Col 4, (2) Col 1, (4) Col 2, (1) Col 1

Row 179 (R): (1) Col 3, (2) Col 2, (2) Col 3, (1) Col 2, (2) Col 1, (1) Col 4, (1) Col 3

Row 180 (L): (1) Col 3, (1) Col 4, (2) Col 1, (2) Col 2, (1) Col 3, (1) Col 4, (1) Col 2, (1) Col 1

Row 181 (R): (1) Col 3, (1) Col 2, (2) Col 4, (1) Col 3, (1) Col 2, (2) Col 1, (1) Col 4, (1) Col 3

Row 182 (L): (1) Col 3, (1) Col 4, (2) Col 1, (1) Col 2, (1) Col 3, (2) Col 4, (1) Col 2, (1) Col 1

Row 183 (R): (1) Col 3, (1) Col 2, (3) Col 4, (1) Col 3, (1) Col 2, (2) Col 1, (1) Col 3

Row 184 (L): (1) Col 3, (1) Col 4, (1) Col 1, (2) Col 2, (3) Col 4, (1) Col 2, (1) Col 1

Row 185 (R): (1) Col 3, (2) Col 2, (2) Col 4, (1) Col 3, (1) Col 2, (2) Col 1, (1) Col 3

Row 186 (L): (1) Col 3, (1) Col 4, (1) Col 1, (1) Col 2, (1) Col 3, (2) Col 4, (2) Col 2, (1) Col 1

Row 187 (R): (1) Col 3, (1) Col 1, (2) Col 2, (1) Col 4, (2) Col 3, (2) Col 1, (1) Col 3

Row 188 (L): (1) Col 3, (1) Col 4, (1) Col 1, (1) Col 2, (1) Col 3, (2) Col 4, (1) Col 2, (2) Col 1

Row 189 (R): (1) Col 3, (1) Col 1, (1) Col 2, (1) Col 3, (1) Col 4, (2) Col 3, (2) Col 1, (1) Col 3

Row 190 (L): (1) Col 3, (1) Col 4, (1) Col 1, (1) Col 2, (6) Col 3

Row 191 (R): (1) Col 2, (6) Col 3, (2) Col 1, (1) Col 3

Row 192 (L): (1) Col 3, (1) Col 4, (1) Col 1, (1) Col 2, (5) Col 3, (1) Col 2

Row 193 (R): (7) Col 2, (1) Col 1, (1) Col 4, (1) Col 3

Row 194 (L): (1) Col 2, (1) Col 3, (2) Col 1, (6) Col 2

Row 195 (R): (8) Col 1, (1) Col 4, (1) Col 3

Row 196 (L): (1) Col 2, (1) Col 3, (1) Col 4, (7) Col 1

Row 197 (R): (7) Col 1, (1) Col 4, (1) Col 3, (1) Col 2

Row 198 (L): (2) Col 2, (2) Col 4, (6) Col 1

Row 199 (R): (6) Col 1, (2) Col 4, (1) Col 3, (1) Col 2

Row 200 (L): (2) Col 2, (1) Col 3, (2) Col 4, (5) Col 1

Row 201 (R): (7) Col 4, (1) Col 3, (2) Col 2

Row 202 (L): (1) Col 1, (1) Col 2, (1) Col 3, (7) Col 4

Row 203 (R): (7) Col 4, (1) Col 3, (1) Col 2, (1) Col 1

Row 204 (L): (1) Col 1, (2) Col 2, (1) Col 3, (6) Col 4